

The Spiritual Exercises of St Ignatius of Loyola in daily life

**Looking to deepen your relationship
with God and discern God's will in
your life?**

The traditional full Spiritual Exercises of St Ignatius of Loyola are a practical means of discovering God's unique love and desire for each of us as revealed in the context of our daily lives. Anyone is welcome to apply for the program - no prior experience necessary.

This one-on-one program involves daily prayer and weekly face-to-face conversations with an experienced Ignatian spiritual director. It runs from February onwards spanning 30 to 35 weeks, or can be started anytime. A spiritual director will companion you in adapting the exercises to your individual needs as your journey unfolds.

Follow the contact details below to express your interest in the Full Spiritual Exercises 2021 Program by 20 February 2021.

1300 392 636 or info@jisa.org.au

